



PRESS RELEASE

April 12, 2023

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Community Suicide Prevention Event

Owatonna, MN—Owatonna High School Student Council is hosting a free community suicide prevention event on Wednesday, April 26, at the Owatonna High School auditorium. Doors open at 5:00pm, and the event begins at 5:30pm.

Emma Benoit, who attempted suicide at age 16 and was left paralyzed, will speak about her experience and walk through how to support others who might be in a similar situation. The film “My Ascension” will be shown, which shares Emma’s and others’ experiences with mental health.

After the film, a panel including Emma Benoit; Mel Hoffner and Kim Lauwers, suicide loss survivors; Nancy Williams, OHS social worker; an OHS counselor; and Allina Health mental health worker, will answer questions submitted anonymously by attendees.

The event is open to the public. For more information, visit myascension.us.

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